

Pulaski County Parks & Recreation
2019 Spring Soccer Rules
VHSL rules apply unless otherwise stated in League rules.

League Officer:

John Myers, Sports Coordinator 674-0107

Fees:

\$20 First kid, \$15 Second, \$10 Third, \$5 Fourth

Eligibility:

Age Groups Are: 7 & under, 10 & under and 13 & under. Age on: April 1, 2019 determines age grouping. Player may play in only one age group. Player may move up one year in a age division, if approval is given by league office.

Coaches should not add players to roster without league office permission.

Coaches are responsible for double checking ages and eligibility of all their players.

Participation Rule:

7 & under and 10 & under leagues: All players available at the start of game must play in each half and must start one of the games 4 quarters. 13 & under league: Player must play half the game. If a player is on the bench but cannot play for whatever reason: This should be reported to officials and opposing coach, before the game begins. If a player shows up late, coaches can play player at their on discretion. Coaches are encouraged to play kids equally. Coaches can discipline players by taking away playing time. Examples: Not showing up for practices, discipline issues etc. Coaches must let officials and opposing coach know.

Coaches not complying with participation rules will be suspended from his/her duties.

Uniforms:

A recreation department issued numbered T-Shirt must be worn for a player to participate. Sponsorship of teams by private or public groups not affiliated with PC Parks & Recreation is allowed, as long as all uniforms are numbered and Rec. Department approved.

Rubber cleats are recommended. Tennis shoes are allowed. Metal cleats or hard plastic bottom cleats are not allowed.

Shin Guards must be worn by all players. Goalie may wear soft bill baseball cap. No plaster casts or metal braces allowed.

Game Rules: Length of game: 7 & under 10 minute quarters
10 & under 10 minute quarters
13 & under 22 minute halves

2 minutes between quarters, 4 minute halves in 7 & under and 10 & under. 11 minute substitutions whistle in each half, 4 minute halves in 13 & under.

Clock continues to run after goal is scored. Clock stops on injuries and penalty kicks. Time may be added for stalling.

In the 7 & under Age Group: One coach is allowed on the field. But stay out of the way! Coaches not allowed in penalty area. One coach can be on the end line close to the goal.

In the 10 & under and 13 & under Age Groups: Coaches cannot go past the coach's line. No coaches or fans are allowed on the end line near the goal.

In the 7 & under and 10 & under Age Groups: A team can play with as few as 7 players. 8 players in 13 & under. Opposing team can play 11. Show good sportsmanship. In the 7 & under, if a team does not have enough to play, teams can still have a scrimmage game and officials will work game. If a scrimmage game is played, teams must stop scrimmage 15 minutes before the next game. In the 10 & under and 13 & under if a team does not have enough to play, game is a forfeit. Officials do not have to work a scrimmage game.

No offside rule in 7 & under. Players will also get extra tries on throw ins in 7 & under only. No won/loss record for 7 & under.

Substitutions:

VHSL rules apply: Exception: 7 & under and 10 & under goalie can only be changed at the start of a quarter. 13 & under goalie can only be changed at the 11 minute sub. Whistle. However if goalie must leave game due to injury, he/she can be replaced.

Weather Cancellations:

When games are canceled, coordinators will call coaches or coach can call numbers on the first page to get info. Coaches will contact players. There will be some days when games cannot be called off until near or at game time. It could be a game time decision. Players should show up ready to play if you don't hear from Coach.

If games are started and are canceled due to Rain, lightning, power failure, Darkness etc. Games will be stopped and finished later to conclusion if one quarter is played. In 13 & under if 11 minutes have been played. Games a half will be considered played. No make up will be scheduled.

Conduct:

It is the policy of Pulaski County Recreation that any type of violence, profanity, verbal abuse or unbecoming actions by anyone in any PC Parks & Recreation program will not be tolerated. In the event any of these happen the player or coach will be suspended for a mandatory one game suspension. If the case is severe, suspension can range from one game suspension, to the rest of the season, to one year, to a life suspension. If a suspension is given to a coach or player, he/she cannot participate in any sponsored sports program offered by Pulaski County Recreation.

Any coach or player who is given a red card in a game, will be suspended from that game and the next game played.

Players at no time should argue an officials call. Coaches may calmly and respectfully approach an official during a time out to question a call. Regardless if a coach feels the officiating was poor or disagreeable, coaches are to never complain or blame the officials in the presence of his/her team members. If a coach feels a complaint is justified on an official, he/she should do so in private with a representative of the Recreation Department.

The Pulaski County Parks & Recreation department reserves the right to ban any parent or fan for violence, profanity or verbal abuse.